

Fact Sheet: Immunizations

National Immunization Awareness Month



What is an immunization?

Immunizations, or vaccinations, prepare the immune system to ward off diseases. To immunize against viral or bacterial diseases, a weakened form of the virus is injected into the body. This weakened form makes it possible for the body to start the formation of antibodies. Once antibodies have formed, your body has a better chance to fight the bacteria or virus that causes disease.

What are the most common immunizations?

Hepatitis A, Hepatitis B, Seasonal Flu, HPV, Tetanus, Varicella, Meningococcal, Measles, Mumps and Rubella, Polio.

Why should you receive routine immunizations?

To keep yourself happy, healthy and safe.

What is the impact on my community?

To keep a community safe and healthy, each individual in the community has to do their part. When you vaccinate yourself, your family and your loved ones, you help prevent the spread of bacteria and viruses that cause disease. Make a proactive choice to protect your community!

How do I know what immunizations I need?

There are several different factors that determine what type of immunizations you need and when you need them. Immunizations also vary between adults and children. The Centers for Disease Control and Prevention provides immunization schedules for adults and children on its website at www.cdc.gov. Your local Army health clinic can also answer your immunization questions.

Still have questions? Talk to your health care provider.



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